

National Youth Foundation *Presents:*

DR. B. SUPER HEROINE



DETERMINATION

WOMAN
POWER

KINDNESS

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2017

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OUR MISSION

The National Youth Foundation is dedicated to enriching the lives of children through creative educational programming. Our mission is to promote tolerance and equality, while helping young students develop their literary skills through academic and team building projects.

Sophia Hanson, *Executive Director*

Foreword

I have known Dr. Bhavna Shyamalan, also known as Dr. B, for 20 years! We studied psychology together in graduate school and have been friends ever since. Dr. B wanted to help people even then, and she has found lots of ways to do it. She has been a counselor for college students, she runs a foundation to help people all over the world become independent, and she even helps people become happier and healthier through teaching Zumba dance classes. Best of all, Dr. B is a very good friend who is always there to listen and offer a helping hand. This is a story about Dr. B's life and how she came to be the Super Heroine she is!

Dr. Lynn Zubernis

This is a story about a famous woman named Bhavna Shyamalan. We call her Dr. B. She is a woman who works to make the world better. She lives in America now, but she was an immigrant. An immigrant is someone who comes to a country from somewhere else.

Philadelphia

MAGAZINE



Dr. B. was born in India. As a girl, she lived in Uganda for one year. Uganda is a country in Africa. She was a very shy little girl. She was so shy that she would not raise her hand in school to ask questions.



Dr. B. came to America from Hong Kong when she was 17. She went to college at New York University (NYU). People at her college were very nice to her. She felt very accepted in America.



While walking near the NYU campus, a friend introduced Dr. B. to a student named Night. Night thought that she was beautiful and kind. She thought that he was handsome. Later that day, Night told his roommate that he had met his future wife.



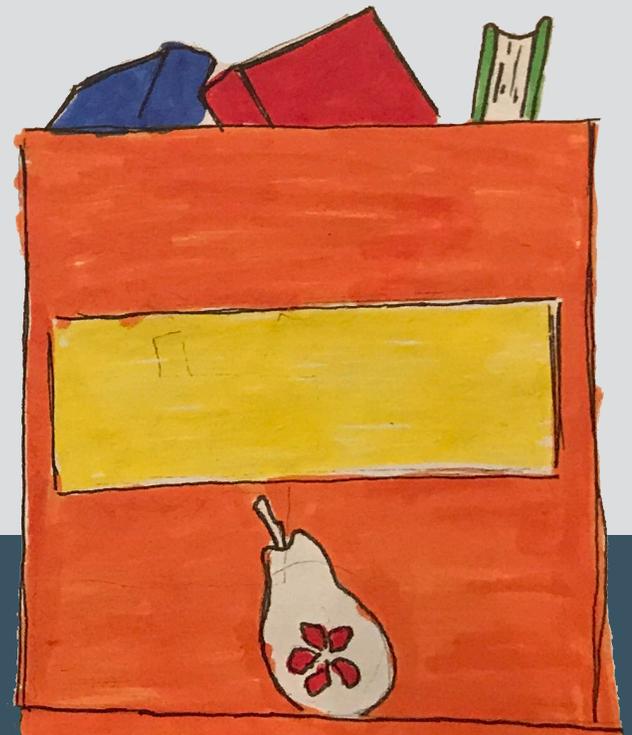
After she got married, Dr. B. had three beautiful daughters. The names of her daughters are Saleka, Ishana and Shivani. Saleka likes making music. Ishana wants to study how to make movies like her dad, M. Night Shyamalan. Shivani is really good at playing squash. Dr. B. said that her favorite moments are sitting around the fireplace with her family telling stories.



Dr. B. went to Bryn Mawr College for graduate school to become a psychologist. A psychologist is a doctor that helps people with their feelings. They help them when they are mad, sad or frustrated. It took her a very long time to finish school, but she never gave up. Dr. B. worked at colleges to help students with their problems. Suddenly, she had a great idea to start a foundation to help even more people. It is called the M. Night Shyamalan Foundation.



The foundation that Dr. B. started helps people all over the world. The first donation they made was in America. Dr. B came to America as an immigrant and now she helps make the country better by giving money to people in need.



Her first international donation was in India to a woman named Ms. Usha. Ms. Usha stood up to a big bully that was bothering people. Dr. B. was very proud of her. She went to India and met Ms. Usha and she gave money to the neighborhood. The money was for livelihood training for people in the community. The people learned a lot and got better jobs.



As an adult, one of Dr. B.'s hobbies is Zumba. Zumba is a mixture of dance and exercise. Dr. B. teaches Zumba class three times a week. She is really good at Zumba. She even has a character in a Zumba video game. Her character is called Dr. B.



Dr. B. helps people all around the world. She helps them with receiving an education and becoming more powerful. Because she is dedicating her life to the service of others, we feel that she is a true life super heroine.

